

CURRICULUM VITAE  
**DENISE ROCHELLE WOLF MA, ATR-BC, ATCS, LPC**

**EDUCATION:**

**MCP Hahnemann University, The Graduate School, Philadelphia PA**

Master of Arts (MA) in Art Therapy, 1999

Thesis title: Art Therapy and the Facilitation of Social Skills in A Public School Setting: A Critical Review of the Literature

Internship: Robert E. Lamberton High School

**Kutztown University, Kutztown PA**

Bachelor of Science in Art Education, Minor in Psychology, 1996

Kappa Delta Pi

Cum Laude

Internship: Reading Hospital, Spruce Pavilion

**POSTGRADUATE TRAINING/ADDITIONAL COURSEWORK:**

**Mindful Schools: Mindfulness Fundamentals and Mindful Educator Essentials.**

Introduction to mindfulness practices, basic understanding of the neuroscience of emotion. Training in implementation of a researched-back curriculum for a school wide mindfulness program.

September 2016-December 2016

**Storiez Intervention Training**

Storiez training, provision of culturally sensitive, client centered treatment for inner city youth.

August 2016

**Intensive Training in Dialectical Behavior Therapy Prolonged Exposure Protocol for PTSD.**

Intensive training in how to integrate PTSD treatment into standard Dialectical Behavior Therapy (DBT).

April 2016

**Neurosequential Mode of Therapeutics Training**

The Neurosequential approach is a neurodevelopmentally informed, biologically respectful perspective on human development and functioning.

June 2015

**Increasing the Effectiveness in Dialectical Behavior Therapy.**

A collaborative effort between DBHIDS and Treatment Implementation Collaborative aimed to further practice in the basic protocols of DBT.

March 2015 – August 2015

**Dialectical Behavior Therapy Intensive.**

A collaborative effort between Drs. Marsha Linehan and Dr. Kathryn Korslund, Behavioral Tech LLC, and DBHIDS to promote the sustained implementation of DBT in the Philadelphia area.

May 2012 – June 2013

**Special Education Certificate Program.**

Chestnut Hill College, Philadelphia PA.

Completed May 2011

## ACADEMIC POSITIONS:

- 2018-2020 Cedar Crest College, Allentown, PA  
Assistant Director, Assistant Professor Art Therapy Programs
- 2020-2022 Drexel University, Philadelphia PA  
2013-2019 Creative Arts in Therapy, M.A. Program. Dept. Counseling and Family Therapy  
Undergraduate Behavioral Health Counseling  
Assistant Clinical Professor/Adjunct Faculty
- 2018 Drexel College of Medicine, Philadelphia PA  
Medical Humanities Program  
Visiting Professor
- 2017-2019 University of the Arts, Philadelphia PA  
Undergraduate Art Therapy Concentration  
Adjunct Faculty
- 2017-Current Villanova University  
Graduate Counseling Program/Clinical Mental Health  
Part-time Faculty
- 2017-2018 Philadelphia University  
Graduate Community Trauma and Counseling with Art Therapy Concentration  
Part-time Faculty

## CLINICAL POSITIONS:

- 2016-Current **Therapist/Private Practice**, Mangata Services. Owner and practitioner. Individual and family therapy for children, adolescents, and adults. Individual and group clinical supervision, professional development workshops and clinical training.
- 2016-Current **Clinical Group Supervisor** and **Trauma Sensitive Consultant**. Mastery Charter Schools. Monthly group supervision for clinicians who implement Storiez and Mindful Schools Practices.
- 2017-Current **Trauma Informed Consultant**, Philadelphia Museum of Art. Clinical supervision for museum educators working in neighborhood centers. Museum educator workshops.
- 2017-2020 **ACATE Board Member**. Accreditation Council for Art Therapy Education
- 2016-2017 **Art Therapist**, SPARK Art Therapy, Philadelphia. Individual and group art therapy in a school-based setting, bias reduction of receipt of school based services, cultural adaptations for refuge populations.
- 2012-2018 **DBT Clinician**, Carson Valley Children's Aid. Individual and Family Therapy, DBT skills group, DBT Friends and family group, DBT coaching for direct care staff, Trauma-Focused Cognitive Behavioral Therapy, psychoeducational school-based groups, supervision, staff training, NMT brain mapping and treatment planning, data collection and case management.

- 2001-2012 **Art Therapist**, Carson Valley Children’s Aid. Individual and group art therapy, supervision, mural programs, art shows, community outreach.
- 1999-2001 **Adjunctive Therapy Coordinator**, Northwester Human Services. Individual and group art therapy, supervision, coordination with outside agencies.
- 1999-1999 **Trauma Therapist**, Joseph J. Peters Institute. Implementation of pilot program, individual, family and group therapy and art therapy, supervision, community liaison.

**PROFESSIONAL CERTIFICATIONS:**

Board certified, Registered Art Therapist #01-180  
 Pennsylvania Licensed Professional Counselor #PC009138  
 New Jersey Professional Art Therapist License #pending  
 Art Therapy Credentialed Supervisor (ATCS)  
 Special Education Pennsylvania Teacher Certificate N – 12  
 Art Education Pennsylvania Teacher Certificate N – 12

**PRESENTATIONS:**

November 2021

- American Art Therapy Association 51<sup>st</sup> Annual Conference. “Trauma, Feminism, and Childbearing: Practical Applications to Contemporary Practice” 1.5-hour panel
- American Art Therapy Association 51<sup>st</sup> Annual Conference. “Trauma, Neurobiology, and Sensory Interventions”. Half-day Advanced Practice Course. (Accepted and postponed, TBD)

September 2021

- Pennsylvania Art Therapy Association Symposium. “Art Therapy and the Museum Experience” 3-hour workshop (in fulfillment of the Ron Hays Presenter Award)
- Delaplaine Arts Center, Art-at-Noon talk. “Art Therapy and Catharsis” 1-hour lecture
- Community Behavioral Health of Philadelphia. “Trauma Informed Education: Using Mindfulness Activities for Co-regulation” 3-hour workshop

May 2021

- Florida State University, Graduate Art Therapy Program, Workshop Guest Lecture, “Implications of Behavioral Science in Art Education” 2.5-hour participatory lecture
- Temple University in conjunction with the Pennsylvania Commission on Crime and Delinquency (PCCD), the Violence Intervention and Prevention (VIP) at Vaux Big Picture Highschool, Philadelphia. “Artmaking for Trauma Informed Self-Care” 1.5 hour workshop.

March 2021

- Moore College of Art and Design, guest lecture, “Implications of Behavioral Science in Art Education” 2-hour participatory lecture

January 2021

- Pennsylvania Art Therapy Association Symposium. “Assessing Suicidality, An Interactive Role Play for Clinical Skill Building” 3-hour workshop.

- American Art Therapy Association 50<sup>th</sup> Annual Conference. Faculty Sponsor Undergraduate Art Therapy Research Poster Submission . “Is Art Therapy effective for positive behavioral change with adjudicated youth?”
- Sources for Human Services. “Art *In* Therapy: Art Processes for the Non-Art Therapist” 3-hour workshop

November 2020

- Villanova Office of Service Learning and College of Liberal Arts and Sciences. Invited Panelist: Human Trafficking Info Panel. 1.5-hour panel.
- American Art Therapy Association 50<sup>th</sup> Annual Conference. “Learning from Failures in Art Therapy: Four practitioners Share Their Stories!” 1.5-hour panel.
- American Art Therapy Association 50<sup>th</sup> Annual Conference. “Chopped! Art Therapy Edition. Using Sensory-Rich Media to Create Meaningful Art Engagements. 1.5- hour workshop (Accepted and postponed, TBD)
- George Washington University, Graduate Art Therapy Program, Guest Lecture, “Community Trauma, Gangs, and Resiliency” 3-hr participatory lecture.

September 2020

- Pennsylvania Society for Clinical Social Work. Invited Presentation. Educational Conference: Assessing Suicidality: An Interactive Workshop for Clinical Skill Building. 3-hour workshop

March 2020

- Cedar Crest College and Pennsylvania Art Therapy Association Symposium. “Art Therapy and the Museum Experience: Sharing Language, Hope and Healing” 3-hour workshop. (Accepted and postponed, TBD)

December 2019

- Sources for Human Services. “Introduction to Dialectical Behavior Therapy”. 6-hour workshop

November 2019

- American Art Therapy Association 50<sup>th</sup> Annual Conference. “Art Therapy and the Museum Experience: Sharing Language, Hope and Healing”. 1.5-hour workshop
- Faculty Sponsor Undergraduate Art Therapy Research Poster Submissions: “Memory is not a choice” and “Art Therapy Promotes the Well-Being in Older Adults”

July 2019

- British Association of Art Therapists International Art Therapy Practice/Research Conference. “Create, Destroy, Transform: A Task Oriented Approach to Trauma Work. 1.5-hour workshop

June 2019

- Community Behavioral Health of Philadelphia “Clinical Supervision: Issues and Strategies”. 3-hour workshop

November 2018

- American Art Therapy Association 49<sup>th</sup> Annual Conference. “Art Therapy & Program Accreditation: You Asked, We Answer!” 1-hour focus group
- American Art Therapy Association 49<sup>th</sup> Annual Conference. “Create, Destroy, Transform: A Task Oriented Approach to Trauma Work.” 1.5-hour workshop
- American Art Therapy Association 49<sup>th</sup> Annual Conference. “Art Therapy and Clinical Neuroscience.” 1-hour focus group
- Jefferson Trauma Education Network (J-TEN). “Trauma, Neurobiology, and Sensory Interventions. 4-hour workshop

July 2018

- Philadelphia Trauma Training 2<sup>nd</sup> Annual Conference, Preventing Childhood Trauma and its Impact Across the Lifespan: An Interprofessional Agenda for Providers, Advocates, Policy Makers and Community Members. “Create, Destroy, Transform: A Task Oriented Approach to Trauma Work.” 1.5-hour workshop

April 2018 & 2019

- Villanova Law Institute Second Annual Survivor-Led Symposium, Engaging Survivors of Commercial Sexual Exploitation in the Search for Justice. “Survivor Retreat: Artmaking for Emotion Regulation”

February 2018

- Greater Philadelphia Area Counseling Association Trauma Symposium. “Enriching Personal Compassion Satisfaction via Artmaking: An Experiential Workshop for Caregivers. 1.5-hour workshop”

November 2017

- American Art Therapy Association 48<sup>th</sup> Annual Conference. “Making the Invisible Visible: Traversing Head Injuries”. 50-minute paper presentation
- American Art Therapy Association 48<sup>th</sup> Annual Conference. “Art Therapy In Urban Schools: Problems, Potentials, and Possibilities”. 1.5-hour panel presentation

June 2017

- Delaware Valley Art Therapy Association Symposium. “Art Therapy, Trauma, and Neuroscience.” Special Guest. 5-hour presentation

April 2017

- Indiana University, Heron School of Art and Design. “Exploring the Intersections of Art Therapy, TF-CBT and DBT.” Guest Lecture 2.5 hours
- Eastern University. “Facilitating Group Therapy.” Guest Lecture. 1.5-hours

March 2017

- Temple University, Tyler School of Art. “Answered: Your Burning Questions About a Career in Art Therapy.” Guest Lecture. 2-hours

November 2016

- University of Pennsylvania Write on Program. “Building and Maintaining a Safe Environment for Creative Expression.” Guest Lecture. 3-hour workshop

October 2016

- Delaware Valley Art Therapy Association Annual Conference. “Sequential Art Therapy: Art History, Technique, and the Art of Georgia O’Keeffe”. 75-minute Didactic Education Session. Philadelphia, PA. Recipient of the Ron Hays Presenters Award

September 2016

- University of the Arts Department of Fine Arts, Art Therapy Concentration. “Art Therapy with Children and Adolescents.” Guest Lecture. 2-hours

June 2016

- American Art Therapy Association 47<sup>th</sup> Annual Conference. “Sequential Art Therapy: Art History, Technique, and the Art of Georgia O’Keeffe”. 1.5-hour Didactic Education Session. Baltimore, MD.

May & July 2016

- Drexel University Continuing Education Program. “DBT: Using mindfulness practices, behaviorism, and creative arts in therapies to foster growth”. 5-hour Continuing Education Workshop.

February 2016

- Temple University Department of Art Education and Community Arts Practices. "Art Therapy. Practice and Possibilities". Guest Lecture

October 2015

- Temple University Department of Art Education. "School Based Art Therapy". Guest Lecture. 2-hour

September 2010

- Chestnut Hill College Clinical and Counseling Psychology Department. "The Impact of Trauma on Children and Adolescents". Guest Lecture. 2-hour

October 2009

- Pennsylvania College of Osteopathic Medicine Counseling and Clinical Health Psychology. "Art Therapy, an Overview". Guest Lecture

November 2001

- Delaware Valley Art Therapy Association Annual Conference. "Artward Bound. The Experiential Learning Link Between Art Therapy and Adventure Based Counseling". 2-hour workshop.

## **COURSES TAUGHT**

Cedar Crest College

The Studio as A Therapeutic Environment. 2018, 2019  
Art Therapy Practicum I. 2018, 2019  
Professional Ethics for Art Therapists. 2018, 2019  
Artistic Development Across the Lifespan. 2018, 2019  
Investigations in the Treatment of Trauma. 2019, 2020  
Theories of Art Therapy Assessment. 2019, 2020  
Art Therapy Practicum II. 2019, 2020  
Internship Group Supervision. 2019, 2020

Jefferson University

History and Theory of Art Therapy. 2017 & 2018

Villanova University

Community Resources and Crisis Intervention. 2017, 2018, 2019, 2020, 2021  
Introduction to Dialectical Behavioral Therapy. 2019, 2020  
Practicum Clinical Mental Health. 2021, 2022  
Mental Health in Schools. 2022

University of the Arts

Theories and Techniques of Art Therapy with Children and Adolescents. 2017 & 2018

Drexel University

Media, Materials and Processes in Art Therapy. 2020-2021  
Advanced Art Therapy Group Supervision. 2015-2018  
Art Therapy Approaches to Trauma Treatment. 2017 & 2018  
Art Therapy Group Supervision. 2013-2018  
Art Therapy Assessment and Treatment Planning for Children and Adolescents 2014-2018, 2021  
Special Topics: Creative Practices to Foster Wellness and Resilience, 2021-2022  
Art Therapy Literature and Research 2016  
Art Therapy in an Educational Setting. 2015-2018  
Student Research Supervision  
Thesis Chair 2015-2018  
Thesis Committee Member 2013-2019

Drexel College of Medicine

Art Making as Reflective Practice. 2018

## PUBLICATIONS

- Kay, L., Wolf, D. (2017) "Artful Coalitions: Challenging Adverse Adolescent Experiences." *Art Education* 70 (4)
- Stickley, S. & Wolf, D. (2021). Create, Destroy, Transform: A Brain-Based Directive for Trauma Treatment. In V. Huet & L. Kapitan (Eds.), *The Emerging Picture: International Advances in Art Therapy Research & Practice*. (pp. 2-13). Cambridge
- Wolf, D. & King, J. (2021). The Juxtaposition of Rupture and Repair: Exploring Trauma and Resilience with Women on the Paths of Childbearing, Birth and Motherhood. In N. Swan-Foster (Ed.) *Art Therapy and Childbearing Issues*. (pp. 21-30). Routledge
- Wolf, D. (2018) Adolescent Group Art Therapy. In C. Haen & N. Boyd (Eds.), *Creative Arts-Based Group Therapy with Adolescents: Theory and Practice*. (pp. 69-86). Routledge
- Wolf, D. (2018) A Review of "Descent and Return: An Incest Survivor's Healing Journey Through Art Therapy", *Art Therapy*, 35:1, 54-55, DOI: 10.1080/07421656.2018.1463780
- Wolf, D. (2020, April 23). *Meet 3 AATA Scholarship Recipients to Inspire your Application*. Art Therapy Today. <https://www.naylornetwork.com/artt-nwl/newsletter.asp?issueID=76935>
- Wolf, D. (2021, April 8). *2021 Scholarship Application Call: Imagine Yourself as an Awardee!* Art Therapy Today. <https://www.naylornetwork.com/artt-nwl/newsletter.asp?issueID=77527>
- Wolf, D. Presenter. "Cool Jobs Episode 11: Denise Wolf, Art Therapist." Fresh Artists. 2020 May 29. <https://youtu.be/E4cqyZ9MvYc>
- Wolf, D. Contributor. "Inside the World of Our Adolescents with Lynn Langan and Denise Wolf." The Light After Trauma Podcast. 2021, September 22. <https://lightaftertrauma.com/podcast/episode-61-inside-the-world-of-our-adolescents-with-lynn-langan-and-denise-wolf/>
- Wolf, D. Contributor. "Defunding the police versus backing the blue: A Trauma Focused Alternative." The Light After Trauma Podcast. 2020, October 6. <https://lightaftertrauma.libsyn.com/episode-10-defunding-the-police-vs-backing-the-blue-a-trauma-focused-alternative>
- Wolf, D. Contributor. "When Art Therapy and Neuroscience Collide." The Light After Trauma Podcast. 2020, October 23. <https://lightaftertrauma.libsyn.com/episode-14-when-art-therapy-and-neuroscience-collide>

## AWARDS

- Recipient: Delaware Valley Art Therapy Association Ron Hays Presenter's Award, 2016 & 2019
- Recipient: President's Fund for Excellence, University of the Arts, 2018
- Recipient: Adjunct Faculty Professional Development Award, Drexel University, 2018
- Recipient: Provost Award for Adjunct Faculty Teaching Excellence, 2017
- Recipient: Adjunct Faculty Professional Development Award, Drexel University, 2017

## **MEMBERSHIPS AND OFFICES IN PROFESSIONAL SOCIETIES**

Accreditation Council for Art Therapy Education (ACATE) Board Member 2016 – 2020

Accreditation Council for Art Therapy Education (ACATE) Site Visitor 2020-current

American Art Therapy Association Scholarship Committee Chair 2019-current

American Art Therapy Association Professional Member, ongoing

American Art Therapy Association Scholarship Committee 2016-2019

Pennsylvania Art Therapy Association Professional Member, ongoing

Delaware Valley Art Therapy Association Legislative Chair 2001-2003